

Riviera International Academy

Assignment-2077

(Ashwin 11, 2077, Sunday)

Class: Five

Subject- Life Skills

Complete all also learn word and meaning.

Having a healthy self-esteem helps you work better, make more friends, gain more success and enjoy life.

Word power

pride

feeling of satisfaction

constantly

happening again and again

unique nature

personal style

volunteer

work without being paid

A. Answer the following questions.

1. What is self-esteem?
2. What happens if you have a low self-esteem?
3. In what ways can you improve your self-esteem? Explain briefly.
4. Who can you ask for help?

B. State 'true' or 'false'. Write down the correct answer where the statements are false.

When you have a high self-esteem, you are afraid to try new things.

You can improve your self-esteem by doing what you are good at.

When you fail while trying something new, it is a good idea to give up.

If you teach a small kid and take money from their parents, you become a volunteer.

To feel good about yourself, you must be better than everyone else

Being healthy, doing exercise and getting enough sleep can also make you feel good about yourself.

Subject- Mathematics



EXERCISE 3.5

Section A - Class work

1. Let's tell and write the square numbers and cube numbers separately.

1 36 25 27 8
16 64 49 9 125

Square numbers	Cube numbers

2. Let's tell and write the cube of each of these numbers.

- a) $1^3 = \underline{\hspace{2cm}}$ b) $2^3 = \underline{\hspace{2cm}}$ c) $3^3 = \underline{\hspace{2cm}}$ d) $4^3 = \underline{\hspace{2cm}}$
e) $5^3 = \underline{\hspace{2cm}}$ f) $10^3 = \underline{\hspace{2cm}}$ g) $20^3 = \underline{\hspace{2cm}}$ h) $30^3 = \underline{\hspace{2cm}}$

विषय - नेपाली

पेज नं. ७५ को अभ्यास ३ र ४ गर ।

Subject- Social Studies

1. Do ex II of page no.58 and learn.

The End.